

Smoking and Pregnancy in Louisiana

In the US, approximately 10% of women reported smoking during the last 3 months of pregnancy.¹

Smoking in Louisiana

In 2012, **13.8%** of women reported smoking during their last 3 months of pregnancy. That's about 1 out of 7 babies being affected.²



Out of those expecting mothers who smoked, nearly **3 out of 4** were non-Hispanic white women.²



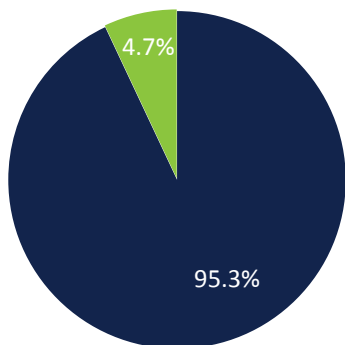
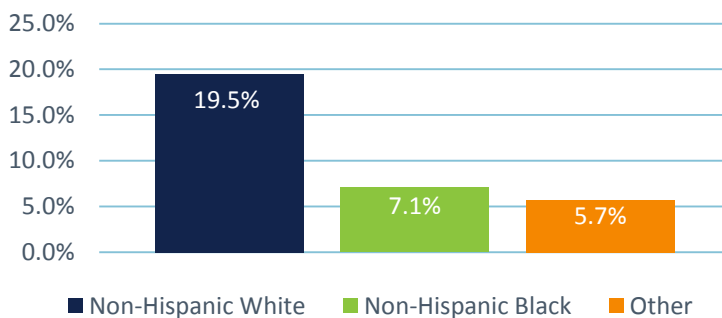
For information on how to quit smoking:



Visit: QuitWithUsLA.org

Call the free counseling line: 1-800-QUIT-NOW

Percent of Women Who Reported Smoking During Last 3 Months of Pregnancy by Race, 2012²



Moms who gave birth in 2012, were asked about the current smoking rules inside their home² (LA PRAMS)

■ Not Allowed In Home ■ Allowed

Smoking and Pregnancy Facts

Tobacco smoke contains more than **7,000** chemicals and about **70** of them cause cancer.³

Even 1-2 cigarettes/ day can significantly tighten blood vessels and cut off oxygen supply to the baby.⁴

Just being around cigarette smoke puts a mother and her baby at risk. Pregnant women who are exposed to secondhand smoke are at a **20%** higher risk of giving birth to a low-birth weight baby.⁵

Sources: ¹2011, CDC Pregnancy Risk Assessment Monitoring System (PRAMS); ²2012, Louisiana PRAMS; ³2010, Surgeon General's Report; ⁴2011, Baby Center Expert Advice How smoking during pregnancy affects you and your baby; ⁵CDC Preventing Smoking and Exposure to Secondhand Smoke Before, During, and After Pregnancy